

VIROQUA PARKS & RECREATION

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HOW TO CONTACT US

- Parks & Rec Office
(608) 637-7183 EXT. 0
- Mailing Address
Parks & Recreation
202 N. Main St
Viroqua WI 54665

Email: viroquarec@mwt.net

- <http://www.viroqua-wisconsin.com/parkandrec/>
***Search Viroqua Parks Recreation and find us on FACEBOOK for schedule changes and other updates.**

NOTE: Registration will be held at the Park Bowl office on the dates of Saturdays March 26, and April 2, 2011. Both dates will be open from NOON-3:00pm. If not registered by Tuesday April 8, 2011 there will be a \$20.00 late fee PER PROGRAM!

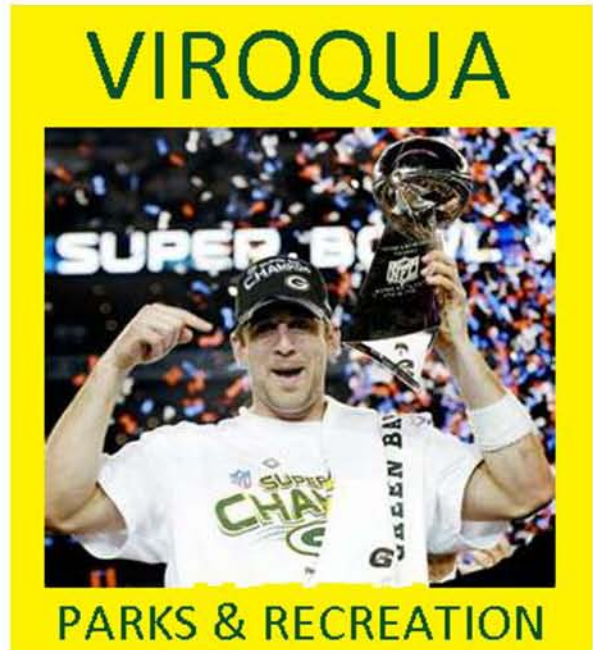
-Thank You

WELCOME

Recreation and leisure activities have become an increasingly important part of a healthy lifestyle. The City of Viroqua Parks & Recreation Department would like to welcome you to look over our Summer, and Fall/Winter Rec. activities along with our park shelter rentals, in hope that you can find an activity that fits your needs.

Our department is continually striving to improve the quality of all programs that we offer. We have expanded our offerings to provide opportunities for all ages.

Occasionally there may be an error in days/times, and schedules. If so, our staff will do everything to fix the situation as soon as possible. Thank you for your patience and understanding should these situations arise.



The City of Viroqua Parks & Recreation department is operated by Director Dan Stalsberg . If you have any questions, or concerns please feel free to contact our office. Your input is always welcomed.

NOTE: Rec activities will start Monday June 13, 2011. You will receive information about pictures, and also game schedules on the dates of registration: March 26th and April 2, 2011. If not registered by Friday April 8, 2011, there is a \$20.00 late fee PER PROGRAM!

OUR MISSION

The mission of the City of Viroqua Parks & Recreation Department is to ensure a fun friendly atmosphere for every age to enjoy. We are committed to provide a quality, diverse program that will enrich the lives of every age group who participates

through promotion, betterment and development of facilities, programs, and our beautiful parklands. These efforts are broadly supported by participants, private benefactors, and city of Viroqua tax payers.

Our Office is located at the Park Bowl. For directions call us!

(608) 637-7183 EXT. 0



Viroqua Parks & Rec

BASEBALL

NOTE: LACROSSE INDEPENDENT LEAGUE BASEBALL TEAMS WILL NOT BE PROVIDED TRANSPORTATION THIS SUMMER. PARENTS ARE IN CHARGE OF TRANSPORTATION FOR LEAGUE AND TOURNAMENT GAMES. TRANSPORTATION WILL BE PROVIDED FOR RIDGE AND VALLEY BASEBALL AND SOFTBALL ONLY! WE WILL NOT PROVIDE TRANSPORTATION TO TOURNAMENTS. PARENTS ARE IN CHARGE OF GETTING THEIR PLAYER TO AND FROM TOURNAMENTS.

A \$75.00 Family Rate applies to all programs, except Traveling teams and Tackle football.

Activity/Cost	Age Group	Other information
Tot-Baseball \$20.00	Ages (5)	A fun way to teach the fundamentals of Baseball to younger children. It will be for the most part practices with a small scrimmage at the end of some sessions. Mondays and Wednesdays at 10:30am
Midget League \$30.00	Ages (6-8)	Midget League teaches kids more situational baseball, and continues the fundamentals. Fundamentals Monday and Wednesdays mornings at 8:30am games at 9:00 am. Hit off a tee, and coach pitch.
Little League \$30.00	Ages(9-12)	Little League is live baseball where the kids pitch to each other. Fundamentals start at 8:30am. Games are Tuesday and Thursday Mornings at 9:00 am.
U12 Ridge and Valley \$40.00	Students going into 6th grade.	Will play in the Ridge and Valley League, on Mon-Wed-Fri. Practices will be held on Tuesdays and Thursdays. Will play in at least 2 tournaments. (Transportation will be provided for league games only.)
U12 Independent \$40.00	Students going into 7th Grade	Play in the La Crosse Independent League. Tuesday and Thursday nights are games, and practice Mon-Wed- and some Fridays. Will play in at least 2 tournaments. (No transportation for League games or tournaments.)
U14 Ridge and Valley \$40.00	Students going into 8th Grade	Plays in the Ridge and Valley league. Games: Mon-Wed-Fri. Practices on Tue-Thurs. Will play in at least 2 tournaments. (Transportation will be provided for league games only.)
U14 Independent \$40.00	Incoming Freshmen	Plays in the La Crosse Independent league. Games are Tuesday and Thursday nights, practices will be on Mon-Wed- and some Fridays. Will play in at least 2 tournaments. (No transportation for League games or tournaments.)
Junior Legion \$50.00	Ages (15-16)	Junior legion is for (15-16 year olds.) They play from 25 to 35 games throughout the summer. Will play in various tournaments. The cost is \$50.00

If not registered by April 8, 2011. There will be a \$20.00 Late Fee per program will be added to your total.

PROGRAM SCHOLARSHIP INFO:
At no time will any child who resides in the Viroqua School District be denied the opportunity to participate in a recreation program due to an inability to pay the program fee. Parents are encouraged to contact:
Dan Stalsberg (608)637-7183 Ext. 0

Viroqua Park & Rec. has a ZERO tolerance policy on our traveling teams. Players need to know they are representing the community of Viroqua and themselves. We will tolerate absolutely no inappropriate behavior. (Violation will result in removal from the team.)
Thank You

Adult CO-ED Softball: This is a league for adults Monday and Tuesday nights at the Park Bowl. This is an unlimited arc league, we use 375 compression 44 core softball, no composite bats, an umpire will be provided. **Sign your team up by April 29, 2011. FEE- \$200.00**

All Summer Rec. Activities will begin the week of Monday June 13, 2011

SOFTBALL / OTHER SUMMER ACTIVITIES

NOTE: LACROSSE INDEPENDENT LEAGUE BASEBALL TEAMS WILL NOT BE PROVIDED TRANSPORTATION THIS SUMMER. PARENTS ARE IN CHARGE OF TRANSPORTATION FOR LEAGUE AND TOURNAMENT GAMES. TRANSPORTATION WILL BE PROVIDED FOR RIDGE AND VALLEY BASEBALL AND SOFTBALL ONLY! WE WILL NOT PROVIDE TRANSPORTATION TO TOURNAMENTS. PARENTS ARE IN CHARGE OF GETTING THEIR PLAYER TO AND FROM TOURNAMENTS.

A \$75.00 Family Rate applies to all programs, except Traveling Teams and Tackle Football.

Activity/Cost	Age Group	Other Information
Inner City Softball \$30.00	Ages: (7-10)	City Softball is considered the Little League of softball. Players will learn the same skills as our traveling softball teams and play each other 2 days a week. This league will only be played if there is enough interest. Inner City will be played Monday and Wednesdays from 10:30am-Noon.
U10 Girls Softball	Ages: (9-10)	They will travel with the U12 and U14 teams by bus to play in Ridge and Valley softball league
U12 Girls Softball \$40.00	Ages: (11-12)	Plays in the Ridge and Valley League. Transportation will NOT be provided for tournaments. Bus will transport to league games.
U14 Girls Softball \$40.00	Ages: (13-14)	Continued fundamentals of softball, and games will play in a couple tournaments. Transportation will not be provided for tournaments. Plays in the Ridge and Valley League. Bus will transport for league games.
Boys Tennis \$30.00	Ages: (6-8) & (9-14)	Ages 6-8 will meet on Mon & Wed 10:30am-11:30am. Ages 9-14 will meet the same days but from 11:45am-12:45pm. This program is to help teach fundamentals and how to play the game.
Girls Tennis \$30.00	Ages: (6-8) & (9-14)	Ages 6-8 will meet on Tues. & Thurs. 10:30am-11:30am. Ages 9-14 will meet on the same days but from 11:45am-12:45pm. This program is to teach the fundamentals of tennis and how to play the game.
Soccer \$30.00	Ages:(5-8) (9-10) & (11& above)	Age groups are used to teach various levels of soccer. Ages 5-8 will meet on Mondays from 5pm-6pm. Ages 9-10 will meet Mondays from 6pm-7pm. And ages 11 & above will also meet Mondays from 7pm-approx.8pm
Golf \$30.00	Ages:(6-8) & (9-14)	This program is to teach 6-14yr. Olds the game of golf. This program will meet at the Viroqua Hills Golf Course. Must have your own clubs. Ages 6-8 will meet Mon & Wed 12:30-1:30pm, ages 9-14 Tues & Thurs 12:30-1:30pm.
Park & Rec Experience- \$20.00	Ages: (3-5)	This program is to introduce children to some of the sports offered by the Viroqua Park & Rec. Mon & Wed starting at 9:00 am.

All Summer Rec. Activities will begin the week of Monday June 13, 2011

Adult CO-ED Softball: This is a league for adults Monday and Tuesday nights at the Park Bowl. This is an unlimited arc league, we use 375 compression 44 core softball, **NO COMPOSITE BATS**, and umpire will be provided. **Sign your team up by April 29, 2011. FEE- \$200.00.**

If not signed up by April 8, 2011 there will be a \$20 fee added PER PROGRAM!

Viroqua Park & Rec has a ZERO tolerance policy on our traveling teams. Players need to know they are representing the community of Viroqua and themselves. We will tolerate absolutely no inappropriate behavior. (Violation will result in removal from the team.) -Thank You



FLAG FOOTBALL :

GRADES: 2-6

Games start at 9:30am and 10:30am

COST: \$30.00

REGISTRATION STARTS: MARCH 26, 2011

REGISTRATION ENDS: AUGUST 15, 2011

•WE PLAY NFL FLAG FOOTBALL RULES. GAMES ARE PLAYED TO 40 MINUTE RUN TIME (TWO 20 MINUTE HALFS). IF THE SCORE IS TIED AT THE END OF 40 MINUTES, TEAMS MOVE INTO OVERTIME. FIRST TEAM TO SCORE WINS.

CHAMPIONSHIP SATURDAY WILL BE HELD ON OCTOBER 1, 2011. THERE WILL BE 2 PLAYOFF GAMES PLAYED AT (10:00 am and 11:00 am) BEFORE THE CHAMPIONSHIP AT 12:30PM.

FIRST GAME WILL BE HELD SATURDAY AUGUST 20, 2011 AT 9:30 AM SCHEDULES AND T-SHIRTS WILL BE HANDED OUT THEN.

VIROQUA PARKS & REC AND VIROQUA CLUB BASKETBALL

REGISTRATION STARTS: MARCH 26, 2011

REGISTRATION ENDS: OCTOBER 15, 2011

- SPONSORED BY VIROQUA PARKS & REC. DEPARTMENT, AND THE VIROQUA BASKETBALL CLUB.
- THREE AGE GROUPS
- 1ST & 2ND GRADE BOYS & GIRLS - \$10
- 3RD & 4TH GRADE BOYS & GIRLS - \$20
- 5TH & 6TH GRADE BOYS & GIRLS - \$30

SATURDAY MORNING BASKETBALL WILL BE PLAYED IN THE ELEMENTARY GYM, MIDDLE SCHOOL GYM, AND THE HIGH SCHOOL GYM. COME LEARN AND ENJOY SOME BASKETBALL AND MAYBE WIN A PRIZE AFTER FUNDAMENTALS.

ORGANIZATIONAL MEETING SATURDAY, OCTOBER 22nd IN THE ELEMENTARY CAFETERIA @ 10 AM SCHEDULES WILL BE HANDED OUT THEN

PLEASE NOTE: IF YOU ARE NOT SIGNED UP BY THE FINAL REGISTRATION DATE OF THE PROGRAMS THERE WILL BE A \$20.00 LATE FEE ADDED PER LATE PROGRAM. PLEASE SIGN UP AS SOON AS POSSIBLE TO AVOID ANY EXTRA COSTS.

Middle School Tackle Football

Middle School Tackle Football is for Grades 5th-8th. (Please try to sign up before the start of the 2011-2012 school year to give us an estimated number of participants going into the season.) Registration forms will be available in the Middle School Office. -Thank You

Cost : \$50.00

Registration Ends: August 22

- **5th and 6th grade Equipment handout and first practice is TBD. Practices are Tuesday and Thursday nights at 6:00pm. This is a fundamentals only league. With an in house scrimmage. We will provide everything except mouth guard and cleats. Season runs through October 14 and equipment turn in is Monday October 17 Equipment turn in is at the High School weight room.**
- **7th and 8th grade Equipment and Schedule handout will be Aug. 22 and practice will start Aug. 23. The First scrimmage will be on September 8 at 5pm in LaFarge. We will provide everything except for a mouth guard and cleats. Season runs through October 14, and equipment turn in October 18. Equipment turn in at the High School weight room.**

Registration can be done at the Park & Rec Office at the Park Bowl, or Contact Jodie at City Hall.

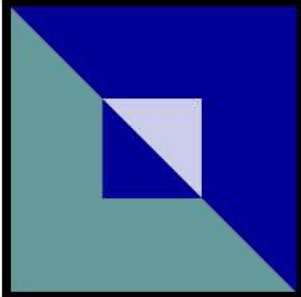
**Park & Rec Office (608) 637-7183 Ext .0
Jodie (City Hall) (608) 637-7154 Ext. 17**

**IF YOU ARE INTERESTED IN VOLUNTEERING TO COACH 5TH- 8TH GRADE FOOTBALL OR KNOW SOMEONE WHO IS PLEASE CONTACT VIROQUA PARK AND REC OFFICE:
(608) 637-7183 ext. 0
viroquarec@mwt.net**



Physical Cards are needed for 7th and 8th grade players. These physicals need to be completed before the participant can participate in practice or games. Physical Cards are not required for 5th and 6th graders, but they are encouraged.

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Looking for a place for your special event?

ALL SHELTER RENTALS COST \$40.00 PER DAY



Seen above is Eckhardt Park located on West Court St. (Right next to the courthouse.)

The City of Viroqua owns 4 Park shelters throughout Viroqua . If you're looking for an inexpensive, outdoor setting for your event contact Dan Stalsberg at the Parks & Rec office, or Jodie at City Hall.

Eckhardt Small (Eckhardt Park)

Eckhardt Large (Eckhardt Park)

Lions Club Shelter (Park Bowl)

Hanson Park (Chicago Ave.)

All Shelter Rentals cost \$40.00 per day

Email:
viroquarec@frontiernet.net

Mail us at
Park & Rec
202 N. Main St
Viroqua WI,54665

To Contact Jodie at City Hall
(608) 637-7154 Ext. 17



**Viroqua Parks &
Rec**

Traveling Team Information

INTRODUCTION

The Viroqua Park and Recreation Department offers individuals the opportunity to participate on traveling teams in a number of its youth sports programs. Traveling teams offer a competitive playing opportunity for participants with advanced skills and are an important part of the overall programming aspect of the Viroqua Park and Recreation Department. Traveling teams compete against other schools, and sport organizations in scheduled games and tournaments. Traveling teams require extra commitment and dedication to the team, as time, dates, and location of practice, games and tournaments vary. Participation on a traveling team is viewed as a privilege; therefore each participant should be willing to make sacrifices deemed necessary.

Participants must accept the dedication and hard work that goes into a successful program and must be willing to follow the guidelines and rules of the program and team. The public is constantly observing all participants, and behavior of the participants is of significant importance.

The number of traveling teams and the number of players per traveling team will depend on a variety of factors, such as: facilities, budget, ability to give adequate individual attention to the participant, being able to have enough players for in-house leagues, and league/game division format.

Traveling teams require that each participant pay an additional fee for tournaments and travel. Following is a general outline of the travel team structure.

GOALS AND OBJECTIVES

1. To provide participants with a positive and fun experience.
2. To provide a challenging experience for individuals capable of playing at an advanced level of competition.
3. To provide participants the opportunity to develop skills.

4. To learn the importance of playing as a team.
5. To provide an opportunity for participants to learn the value of hard work, and the dedication required of being a member of a team.

ELIGIBILITY GUIDELINES

In order to represent the Viroqua Park and Recreation Department on a traveling team, participants must meet specific requirements set forth by the Viroqua Park and Recreation Department and also by the various leagues and / or tournaments that the department participates in. The guidelines listed below generally apply to all traveling teams.

1. Traveling teams are supported in part, through local tax dollars and are intended for individuals residing within the City of Viroqua, or attending school within the School District of Viroqua.
2. Individuals must be within the age or grade guidelines set forth by the department or league in which the team will be participating. Each sport may have different guidelines for age or grade eligibility.
3. All fees must be paid from previous programs to be eligible to participate in the upcoming sport.
4. Participants must return all equipment and uniforms from the previous program to be eligible to participate in the upcoming sport.
5. It is the philosophy of the Viroqua Park and Recreation Department that an individual participating on a traveling team has an obligation and commitment to his/her team, teammates, coaches, and organization. Therefore, individuals wishing to participate on a traveling team with the Park and Recreation Department and electing to participate in another program, of the same sport offered by another organization, club or school, and conducted during or overlapping with Recreation Department's program, should not participate on a traveling team.
6. Players are required to be able to participate in 75%-80% of practice, games and tournaments. It is understandable that unexpected situations (illness,

Traveling Team Information

family commitments, etc.) may cause an individual to miss a practice, game or tournament. However, individuals that may miss regularly (more than 15%-25% of the time) because of other school activities, clubs, choirs, vacation or other commitments should not participate on a traveling team.

EXPECTATIONS OF TRAVELING PARTICIPANTS

Each player participating on a traveling team is expected to follow a high standard of appropriate behavior. Players are representing the City of Viroqua's Park and Recreation Department and the Viroqua community. Therefore, players are expected to display the appropriate behavior that will make the community proud of the program. Inappropriate behavior will not be tolerated and may result in playing time being reduced or a player being suspended from the program for a period of time.

Participants on traveling teams are usually provided a jersey or uniform and other equipment necessary to compete in an activity. It is expected that all uniforms and equipment are to be cared for properly. Many uniforms are donated by various businesses or service groups and we are expecting them to be used for 3 to 4 years. Equipment and uniforms must:

1. Be washed on a regular basis to remove stains and prevent odors from developing.
2. Be worn *only* during games that the team is participating in.
3. Not be worn during practice.
4. Be returned immediately following the last game of the season. The additional traveling team fee does not pay for the uniform.
5. Be returned prior to participating in upcoming programs.
6. Be returned in good and usable condition. Holes and tears in seams should be mended.

Participants must maintain appropriate dress attire while attending programs. Attire with drugs, alcohol, tobacco, or sexual logos will not be acceptable.

TRAVELING TEAM PLAYING TIME

Traveling team coaches are encouraged and asked to provide ample playing time for each player. Active participation in games and practices are stressed to the coaches. Players should receive ample playing time as long as the player is attending practices and games, working and giving good effort at practices, displaying appropriate behavior, and listening and following the directions of the coach or individuals in charge during practices and games. However, playing time may be reduced because of the following:

1. Lack of work ethic, misbehavior or poor sportsmanship. Acts of misbehavior include, but are not limited to: goofing around at practices/games, foul language, vandalism, stealing, not following directions of coaches, officials, school officials, or law enforcement officials.
2. Unexcused absences. Unexcused absences include but are not limited to: being constantly late, attending other functions not associated with the Viroqua Park and Recreation Department.
3. Excused absences should not reduce individuals playing time, unless the individual is constantly missing. The coach **MUST** be notified ahead of time.
4. Playing time is not guaranteed during tournaments. However, during non-tournament or league games, players should participate in each game.

Event Cancellation Hotline

(608) 637-7183

Viroqua Park & Recreation

Director Daniel Stalsberg

(608) 637-7183 Ext. 0

James P. Bigley Pool 2011 Summer Swimming Lesson Schedule

Thanks to Vernon Memorial Healthcare for their generous donation, the James P. Bigley Pool will re-open for the summer of 2011.
The Viroqua area community is grateful for this financial support.

SWIMMING LESSON REGISTRATION INFORMATION

Swimming lesson registration for all summer sessions will take place on the following dates:

Tuesday, May 31st: 4:30-7:30 pm

OR

Thursday, June 1st: 4:30-7:30 pm

Bigley Pool will offer the following session dates:

Session I: June 20, - July 1 Session II: July 11,- July 22

Session III: August 1,- August 12.

(Please bring any swimming lesson completions forms from previous years to registration.)

All lesson registration will take place at Bigley Pool. Swimming Fee must be paid at the time of registration. A swim test will be Administered for any first year participant. Please bring a swimming suit if a test is required. **Registration by phone will NOT be accepted!**

Swimming Lesson Fees:

Viroqua School District- \$30.00

Non Resident- \$35.00

Lesson Time Schedule:

9:30-9:55 10:00-10:25

10:30-10:55 11:00-11:25

Note: (All swimming levels will be offered at each time listed above!)
For more information about swimming schedules and lesson plans, please visit the VAS website: www.viroqua.k12.wi.us

**Tim Lee: Bigley Pool Manager.
637-1538 or 606-0148 Pool Office: 637-1660 (After April 24th.)**